



No. 153 January/February/March 2018

HEADLINES

TO KEEP IN MIND

Indoor air quality (IAQ): the prevention approach

This technical seminar highlighted the importance of the choice of materials, the optimisation of heating systems and ventilation in any IAQ prevention solution.

International chemical safety data sheets now available in French

These sheets provide key data on the safety of workers and the protection of their health, including exposure limit values in France.

Estimating risks of exposure to several chemical agents

Mixie France is a tool used by prevention specialists and occupational physicians to identify the potential additive effects of chemical agents and potential risk situations.

Manicure professionals exposed to a number of chemical products

An ANSES report reveals the presence of around 700 chemical substances, including some 60 which are considered carcinogenic, mutagenic and reprotoxic.

Procedural changes for appealing occupational physicians' advice

Presentation of new provisions which apply to appeals submitted to employment tribunals (*Conseil des prud'hommes*) on or after 1 January 2018.

National monitoring of occupational HIV, HCV and HBV contamination of healthcare professionals This monitoring is aimed at helping to identify and prevent occupational exposure and improve care after exposure.

INRS INNOVATIONS

CONTRIBUTE TO RESEARCH

- Occupational exposure to hexavalent chromium: a biomonitoring study as part of the European Commission's HBM4EU initiative
- Development of methods to sample isocyanate aerosols

KNOWLEDGE AND REFERENCES

BROAD VIEW

Physical exercise at work and prevention of MSD - literature review

This review of scientific literature analyses the utility of different techniques and their role in MSD prevention.

FIELD VIEW

Assessment of the prevalence of musculoskeletal disorder complaints and of the link with the occupational constraints of electricians in the construction industry

The most frequent and most serious types of MSDs are concentrated in the lumbar and cervical spine and right wrist, reflecting a high level of exposure to postural constraints.

Prevention of occupational risks in the non-food retail sector

Multidisciplinary efforts in tandem with professionals in this sector led to the creation of a "tool box" to assess occupational risks in this sector.

PRACTICES AND PROFESSIONS

Exposure to electromagnetic fields: reference points in occupational health

This document addresses EMF exposure limits and provides guidelines for associating exposure situations and possible effects.

FOLLOWED FOR YOU

12th National AFISST Day "Intervention - and after?"

This event looked at the methodology and issues involved in assessing interventions with the aim of improving the practices of prevention professionals.

New technologies, new risks: Symposium organised by the *Institut National de Médecine Agricole* (INMA)

A presentation of innovative techniques used in agricultural and industrial spheres, including 3D printers, exoskeletons, cobots, virtual simulation and milking robots.

Regulatory, societal and technical change: when occupational medicine adapts. 31st annual meeting of the Société d'hygiène et de médecine du travail dans les armées et industries de l'armement (SHMTAIA)

This meeting addressed different subjects, such as tools to assess cardiac risk, diabetes and the medical fitness to drive, and nanomaterials.

CLOSE UP

Dealing with external bleeding in the workplace: the first minutes

This reviews the roles of workplace first-aid representatives and occupational nurses in the event of external bleeding, and tourniquet techniques.

REFERENCE TOOLS

YOUR QUESTIONS/OUR ANSWERS

Grinding of fungal nails

Respiratory and cutaneous risks faced by podiatrists and necessary protection measures

Cleaning clogged particle filters

Advantages of biomonitoring and surface sampling

PSYCHOSOCIAL HAZARDS

Occupational health and well-being assessment survey for prevention, diagnosis and intervention (SATIN)

This cross-cutting survey is a diagnostic tool for a consensus-based representation of group experience to promote the development of occupational well-being.

WITH OUR COMPLIMENTS

DATES FOR YOUR DIARY

April to October 2018

TRAINING

Training sessions

FOR YOUR PERUSAL

Selection of books