

## HEADLINES

### TO KEEP IN MIND

#### **Help with choosing gloves for workers with allergies: results of an INRS study**

Over 70 single-use gloves were analysed to determine the presence or absence of allergens and their distribution depending on the type of material used in the glove.

#### **Review of occupational exposure to ionising radiation in 2020 in France**

This monitoring relates to all workers from sectors involving sources of ionising radiation and workers potentially exposed to natural radioactivity.

#### **New health monitoring consultations for workers**

Several recently published texts make the case for a mid-career medical consultation, a consultation following exposure to specific risks, and a pre-retirement consultation.

### INRS INNOVATIONS

## KNOWLEDGE AND REFERENCES

### FIELD VIEW

#### **Effects of physical and psychosocial exposure on functional physical capacity and perceived health in the BTP (building and civil engineering) sector**

Knowledge of the changes to physical functional capacity and perceived health linked to previous exposure contribute to preventing occupational exhaustion.

#### **Earplug wearability: deployment of an assessment questionnaire in companies**

Wearability should be taken into account when selecting auditory protection to promote appropriate and systematic use, and thus improve workers' protection.

#### **What are the psychosocial risks for home-help workers?**

Employees in the home-help sector have atypical and irregular working hours, they declare few tensions and aggressions but emotionally demanding work and ethical issues are prevalent.

### PRACTICES AND PROFESSIONS

#### **Methodology to update an occupational exposure thesaurus**

The aim of updating the thesaurus is to have access to homogeneous data, classed by family of occupational exposure-related risks, in order to allow comparisons.

### FOLLOWED FOR YOU

#### **Working with variable team size: experimenting with flexibility. Annual "Ages and work" seminar by CREAPT (Centre for research into experience, age and populations in the workplace). Paris, 10-11 May 2021**

Flexibility allows for increased control over the time-frame of work, by adapting team-size, the duration or type of work contract, polyvalency, or the duration of the working day.

## REFERENCE TOOLS

### YOUR QUESTIONS/OUR ANSWERS

#### **Musculoskeletal disorders (MSD) of the wrists and elbows**

Containment and prevention of MSD.

#### **Prolonged standing**

Do technical solutions such as anti-fatigue mats or insoles effectively impact musculoskeletal disorders (MSD)?

### **RADIOPROTECTION: MEDICAL SECTOR**

**Conventional radiology and simple interventional actions performed on radio-controlled tables.**

#### **Fixed installations**

This factsheet, aimed at those involved in worker radioprotection and at operators, relates to fixed installations in the conventional radiology sector.

#### **Conventional radiology. Mobile radiography devices**

This factsheet, aimed at those involved in worker radioprotection and at users, relates to portable electrical X-ray- generating devices in the conventional radiology sector.

### **PSYCHOSOCIAL HAZARDS**

#### **Copenhagen Psychosocial Questionnaire, COPSOQ**

This questionnaire aims to assess the psychosocial factors related to the work environment (working conditions), to physical and mental health, and to well-being.

## **WITH OUR COMPLIMENTS**

### **DATES FOR YOUR DIARY**

January to September 2022

### **TRAINING**

### **FOR YOUR PERUSAL**