



HEADLINES

TO KEEP IN MIND

Reinforced medical monitoring

New regulations require revision of toxicity sheets. Revised sheets will be taken into account as they are updated.

Epidemiological monitoring of occupational risks

The main occupational diseases reported are musculoskeletal disorders and work-related psychological distress.

Decree No. 2012-936 of 1 August 2012 revising and completing the lists of occupational diseases annexed to book IV of the French Social Security Code

This text modifies table 15ter, relating to proliferative bladder lesions induced by aromatic amines and their salts.

Decree No. 2012-937 of 1 August 2012 revising and completing the lists of occupational diseases annexed to book IV of the French Social Security Code

This text modifies part B of table 57, relating to elbow problems caused by some occupational movements and postures.

INRS INNOVATIONS

Brochures, multimedia tool

CONTRIBUTE TO RESEARCH

Assessing occupational multi-solvent exposure through biometrology

KNOWLEDGE AND REFERENCES

BROAD VIEW

Advantages of physiological and subjective measurements when quantifying thermal strain. The specific case of impermeable protective suits

Continuous heart rate monitoring combined with subjective assessments allow correct assessment of the thermal strain induced by wearing impermeable suits.

FIELD VIEW

Workaholism: survey of a Parisian working population

Workaholism corresponds to an excessive investment of subjects in their work combined with neglect of their extra-professional life.

PRACTICES AND PROFESSIONS

Occupational-medical monitoring of workers currently or previously exposed to carcinogenic

chemical compounds: application to bladder carcinogens

These good practice recommendations relate to occupational and post-occupational medical monitoring of workers who are currently exposed or who have been exposed to bladder carcinogens.

Occupational-medical monitoring of shift and/or night workers

These good practice recommendations identify the risks linked to shift and night work. Preventive measures and tools to monitor the health of these workers are proposed.

FOLLOWED FOR YOU

Epidemiology in occupational health

The ADEREST (Association for the development of epidemiological studies and research in occupational health) conference addressed in particular the themes of endocrine disruptors, psychosocial risks, cancers, etc.

Risks linked to mixed exposure

This INRS conference reviewed the health effects of simultaneous exposure to several chemicals or to a physical agent and a chemical.

Occupational allergies: practices and perspectives

This symposium, co-organised by INRS and CARSAT Auvergne (regional and occupational health and pension insurance fund), presented the latest developments in respiratory and cutaneous allergology practice and research.

REFERENCE TOOLS

OCCUPATIONAL ALLERGY

Occupational contact dermatitis in cleaning personnel

The main irritants are work in a damp atmosphere, detergents, and disinfectants/antiseptics. The main allergens are vulcanisation additives present in gloves, and biocides.

RADIATION PROTECTION

Therapeutic nuclear medicine

Nuclear medicine is a therapeutic act performed by a nuclear medicine unit, most frequently using iodine 131.

PSYCHOSOCIAL RISKS

Single-item measure of stress symptoms

This tool assesses levels of stress symptoms by analysing how general, rather than work-related, stress is experienced.

Maslach Burnout Inventory (MBI)

This scale assesses work-related psychological effects by studying the consequences of chronic stress.

State-Trait Anxiety Inventory Form Y (STAI-Y)

This tool assesses physical and mental health problems by analysing anxiety as a personality trait and as an emotional state linked to a specific situation.

YOUR QUESTIONS/OUR ANSWERS

Rehabilitation of a polluted industrial site

What are the risks and how should workers be monitored?

Parvovirus B19 and pregnancy

What procedures should be adopted relating to pregnant women working in a crèche?

New "strain" chart

Does this chart fully replace the chart for worker exposure to dangerous chemical compounds?

WITH OUR COMPLIMENTS**DATES FOR YOUR DIARY**

For October to May 2012

TRAINING

Post-university teaching

FOR YOUR PERUSAL

Selection of books and articles

LEGAL

Official texts relating to occupational health and safety, published between 16 May and 30 June 2012